**Task 1**

1. Wealth
2. Urge
3. Reduce
4. Workforce
5. Pressured
6. Complain
7. Well-being
8. Launch
9. Equality

**Task 2**

1. to urge - A
2. to launch - J
3. workforce - B
4. well-being - C
5. to complain - E
6. equality - D
7. to reduce - F
8. wealth - H
9. pressured - G

**Task 3**

b) makes employees feel better.

**Task 4**

1. **True**
2. **False**
3. **True**
4. **False**
5. **False**
6. **True**
7. **True**

**Task 5**

1. Improved Well-Being & Productivity
2. Work-Life Balance as a Right, Not a Perk
3. Cultural Shifts Toward Mental Health

**Task 6**

I agree with Peter

**Task 7**

1. Emma is really efficient at work as she does more tasks than anybody else.
2. Anna is upset a bit because her project is imperfect .
3. Ella is so miserable because she has got fired.
4. Daniel has to struggle with procrastination as he's not good at concentrating.
5. Alla to dedicate herself to working with children.
6. Michael set up. a small company two years ago.
7. Ella is choosing extracurricular classes to attend. She has a wide range of options.
8. Mark is in a trap
9. Sarah messed up her project again.

**Task 8 -**

**Task 9**

1. has only one goal
2. can't
3. created by people
4. unbalanced

**Task 10**

Pros include more free time. Cons include more work in a short period of time. I spend all my time from morning to night working every day. I would like to spend more time on studying and having fun..